

## C.H.I. CLINIC EQUIPMENT CHECKLIST

- **spurs and two dressage whips.** Although not always required, the correct use of these aids is a standard part of the tuition.
- For the lunging sessions, please bring (if you can) a **LEATHER lunging cavesson, roller, 2 lunge reins, lunge whip and side reins.**
- You may also need a **rope halter and lead rope.**

**REMEMBER:- NO RUBBER REINS OR “CRANK” NOSEBANDS PLEASE**

*If you do not have a leather cavesson and/or whips C.H.I. now has a stock of quality products available for purchase. If possible advise your requirements prior to the clinic as this will assist in us being able to cater for everyone's needs.*

- An approved riding helmet is, of course, compulsory. Less than 5 years from date of manufacture **SEE BELOW**
- Smooth Soled Boots with a distinct heel of no less than 2cm from the sole to the heel under the inner part of your foot and in good repair. (No holes or sloppy)
- Riding gloves
- Remember to wear clothing when riding which can be comfortably tucked in so your Instructor can see a clear profile of your upper torso –particularly your back & waist.
- Neck strap (plaited hay band is fine!) + a short piece of coloured string/ribbon for body awareness exercises.
- A grab strap (“monkey grip”) attached to the front Ds of your saddle.
- 2 plastic (acrylic) wine glasses with stems long enough to be gripped in your fists.
- Your lunch, snacks and drinks.
- **NO** Videoing or photo's to be taken during the clinic. Please note that Marji retains copyright to any video or photos taken and if you require a copy from CHI or want to take photos/video for your own personal viewing please arrange with CHI head office prior to clinic as we must be supplied with a copy.
- Clipboard/folder, paper and pen to take notes.
- Unmounted Discussion Form & Waiver of Liability Agreement completed and brought to unmounted discussion session on first day of clinic. These can be downloaded.

**Please note:**

**C.H.I. TAKES SAFETY VERY SERIOUSLY**

**An inspection of your Helmet and Boots will be conducted prior to mounting and riding your horse. You will not be allowed to ride if you don't have an approved riding helmet and smooth soled boots in good repair with a distinct heel of no less than 2cm from the sole to the heel under the inner part of your foot.**

**Approved Safety Helmets Are:**

AS/NZS 3838:1998 (current Australian Standard)

EN 1384 (current European Standard)

ASTN F1163 (current US Standard)

**Hard hats MUST have a clearly readable manufacturers date inside the helmet. Please check your helmet – it must be LESS THAN 5 years from date of manufacture.**

*Happy riding!*